

# Tikkum Olam

## Heal Our Lives, Heal the Earth

*Parents warned us to avoid hot topics  
in polite conversation.  
Now, that silence harms our earth, relationships and souls.  
Are you ready to speak?*



It's easy to stay cozy in our assumptions. Until we can't anymore.

Restless and unsettled, we wonder what else is possible. How might we burst out of our cramped lives into something spacious and new?

Sheri Cohen and Nancy Thurston know something about learning to listen to inner wisdom and tackling tough conversations. For over three decades, they've sought to know the deeper parts of themselves and to understand injustice through study, action and leadership. Along the way, Nancy and Sheri discovered—in their own unique fashion—that the way to change the system was to change their own lives.



Sheri Cohen and Nancy Thurston will facilitate this exploration through creativity, reflection and writing, bouncing off excerpts from Nancy's book, *Big Topics at Midnight*.



Saturday June 15, 5:30-10:00 pm  
Potluck Dinner at 5:30  
Exploration 6:30-9:30  
The evening includes soundwork by Voice3  
RSVP Required  
To Jennifer: [art.commerce@yahoo.com](mailto:art.commerce@yahoo.com)

You know Sheri and her creativity. For more information about Nancy or her book, *Big Topics at Midnight: A Texas Girl Wakes Up to Race, Class, Gender and Herself*, visit her website [www.nancymthurston.com](http://www.nancymthurston.com) Nancy's book is available at Wonderworks, 79a Harbord St. Toronto for \$22.

*Sometimes the portals to transformation are the very places we avoid.*