

## **Listen to the Past, Find Your Way Forward**

*Before us, ancestors. After us, generations yet unborn.  
How is your life impacted by a context that wide?*

**Workshop at the Visual Arts Center, Newport, OR  
Saturday, May 4, 2013 9:00-Noon  
Led by Nancy M. Thurston, Cost: \$25.00**

It's easy to stay cozy in our assumptions, to rest in what we've always known or believed. Until we can't anymore. We feel restless, troubled, unsettled. We wonder what else might be possible and how we might burst out of our cramped lives into something spacious and new.

This workshop is about the present, yet it's held within the context of past and future generations. It bounces off of Nancy's memoir, *Big Topics at Midnight: A Texas Girl Wakes Up to Race, Class, Gender and Herself*, yet the focus will be on the participants. It's personal, and it touches the global family.



You're invited to come and wake up to your own life— where and who you've come from, what new stories you'd like to live and how you, too, are a part of a much bigger family tree than you've ever imagined.

Nancy Thurston will facilitate a lively exploration through creativity, reflection and writing.



*Illustration by Khara Scott-Bey*

Nancy Thurston's roots run deep in West Texas natural gas fields, yet she is committed to sustainable resources; she worked for fifteen years as a physical therapist but didn't fully land in her own body until middle age; she immersed herself in the past to learn to be present. Nancy lives in Portland, Oregon, but knows her neighborhood is global. *Big Topics at Midnight* is her first book and is available at Canyon Way Bookstore, Newport, OR. [www.nancymthurson.com](http://www.nancymthurson.com).

To register or obtain more information about this event, contact Brenda Wills, [bwills6420@charter.net](mailto:bwills6420@charter.net), 541-961-6420.

***Sometimes we must immerse ourselves in the past to learn to be present.***